

## **Stephen F. Smith, Ed.M., LMHC, BC-TMH**

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### **SUMMARY**

I have over two decades of social service expertise with a broad scope of practice to include Mental Health Counseling, Vocational Rehabilitation Counseling, Career Guidance Counseling, Social Work, Teaching and Program Management. I have relevant undergraduate and graduate degrees (Psychology and Counseling, respectively) and have participated in countless hours of job specific social service trainings as well as training in supervision, leadership and management. I have worked in various settings, e.g., a residential school, a prison and in the community. I possess private sector, county government, state government and federal government experience. I am skilled in assessment, didactic instruction, analysis, customer service, listening, psychotherapy, collaboration and professional documentation. I have designed several social service training programs and delivered them to audiences of various sizes and currently teach Psychology courses in the College of Arts and Sciences for Heritage University. I have an unrestricted, independent license via Washington State Department of Health to practice Mental Health Counseling (LMHC) and I am a Board Certified Telemental Health Provider (BC-TMH) via the National Board of Certified Counselors' affiliate, Center for Credentialing and Education.

### **WORK EXPERIENCE**

#### **Mental Health Counselor/Owner**

Vis-à-Vis Counseling & Consulting, PLLC – Richland, WA

Established in May 2018 to **Present**

Duties: Provision of mental health counseling services. Assess clients to determine chief complaint, history of present illness and other factors to render DSM 5 diagnoses. Provision of individual counseling to reduce symptoms and improve functioning. Document course of treatment in electronic health records system.

#### **Adjunct Psychology Professor**

Heritage University – Pasco, WA

August 2017 to **Present**

Duties: Prepare lesson plans via reviewing course materials, instructor's guides and information online. Prepare multimedia class presentations to include videos, power point slides and discussion questions. Provide lectures, answer questions, develop syllabus and grade assignments. Courses taught: Behavior Modification, Measurement & Evaluation, Ethics, Theories of Personality, Psychology of Adjustment, Positive Psychology and Social Psychology.

## Curriculum Vitae

### **Mental Health Therapist**

Canyon Lakes Family Counseling Center - Richland, WA

March 2016 to March 2019 (I was an employee during this time period/now I am a subcontractor)

Duties: Assess clients to determine chief complaint, history of present illness and other factors to render DSM 5 diagnoses. Provision of individual, couples and family counseling to reduce symptoms and improve functioning. Services have been provided to children, adolescents and adults. Document course of treatment in electronic health records system.

### **Social Worker/Social Service Specialist**

State of Washington Department of Children, Youth, and Families

Richland and Seattle, WA

March 1999 to **Present** (with a break in service from January 2010 to July 2013 – see below for details)

Duties: Provision of emergency intervention requests from hospitals and law enforcement to protect vulnerable children from abuse and neglect. Conducted psychosocial assessments to determine familial risks and protective factors. Developed and implemented social service plans to reduce risks and enhance family functioning. Developed and presented risk assessment training programs to groups and individuals.

### **Psychology Associate/Mental Health Therapist**

State of Washington Department of Corrections - Clallam Bay, WA

August 2012 to July 2013

Duties: Assessment of clients to determine mental health diagnosis. Develop and implement psychotherapeutic treatment plan. Provision of psycho-educational groups. Assist with medication management. Document course of treatment in electronic health records system.

### **Supervisory Guidance Counselor/Counseling Department Manager**

U.S.D.A. Forest Service Job Corps - Moses Lake, WA

January 2010 to August 2012

Duties: Provision of departmental leadership, staff management and student counseling interventions to assist students with acute and chronic adjustment issues to transition into and successfully complete the program. Facilitated career preparation and information technology courses as needed. Presented information to groups as large as 200+ individuals. Served as the center disability consultant by reviewing applicants' IEPs, 504s and facilitating implementation of reasonable accommodations for incoming students in need.

### **Vocational Rehabilitation Counselor**

Vista Consulting Services (VCS) & Rehabilitation & Evaluation Services (RES) - Kennewick & Richland, WA

April 1995 to March 2001

Duties: Assessed disabled clients' physical and/or psychiatric capacities and skills to determine if they were able to re-enter the labor market. When appropriate, developed retraining plans to enable clients to garner the skills needed to return to work.

### **Mental Health Therapist Intern**

Lutheran Community Services - Kennewick, WA

September 1997 to May 1998

Duties: Met with clients to ascertain history, presenting problems and to formulate diagnoses. Provision of psychotherapeutic interventions to individuals, groups and families to decrease problematic symptoms and improve client functioning. Provision of social service training to foster parents.

### **Probation Counselor Intern**

Benton Franklin Counties Juvenile Justice Center - Kennewick, WA

September 1993 to December 1993

Duties: Met with clients to determine compliance with court-ordered probation requirements. Assist clients with meeting requirements. Facilitated sex offender treatment and a group for youth with alcoholic parents.

## **EDUCATION**

### **Master of Education in Counseling (Ed.M.)**

Washington State University

Degree granted in 2002 (4.0 GPA)

### **Bachelor of Arts in Community Psychology (B.A.)**

Central Washington University

Degree granted in 1994 (3.74 GPA)

## **LICENSURE & CERTIFICATION**

### **Mental Health Counselor License (LMHC)**

Washington State Department of Health

Credential Number: LH60735578/Expires: March 25, 2023

### **Distance Credentialed Counselor (DCC)**

Center for Credentialing & Education

Credential Number: 2204/Expires: Superseded by BC-TMH

### **Board Certified Telemental Health Provider (BC-TMH)**

Center for Credentialing & Education

Credential Number: 347/Expires: June 30, 2023

## **TRAINING**

- Tele Clinical Supervision in the Digital Age; May 19, 2022; E Care Behavioral Health Institute; 2 hours;
- TeleSupervision and TeleConsultation; May 15, 2022; Telehealth Certificate Institute, LLC; 3 hours;

## Curriculum Vitae

- EMDR Mastery Course: Assessment, Resourcing and Treatment Techniques for Trauma and Anxiety; March 2022; PESI; 16 hours;
- Acceptance & Commitment Therapy (ACT) Proficiency Course: Master the Core Components & Skills of ACT Across Diagnoses; May 2021; PESI; 6.25 hours;
- Trauma Informed: Moving to Resilience Conference (6<sup>th</sup> Annual); June 23-24, 2021; Walla Walla University & Community Resilience Initiative; 7 hours;
- Washington State Professional Telemedicine Training; June 25, 2021; Comagine Health; 0.75 hours;
- Acceptance & Commitment Therapy (ACT) Proficiency Course: Master the Core Components & Skills of ACT Across Diagnoses; May 2021; PESI; 6.25 hours;
- The Standard of Care in Psychotherapy and Counseling; Zur Institute; February 2021; 1 credit;
- Treatment Planning Made Simple; Zur Institute; February 2021; 2 credits;
- Telemental Health Counseling and Supervision Certification; Renewed Vision Training; November 2020; 15 hours;
- Telemental Health: Practical Applications for Delivering Psychotherapy and Counseling via Telehealth; Zur Institute; March 2020; 6 hours;
- Right Response; DCYF/UW Alliance/Service Alternative; August 2019; 11 hours;
- Bridges: Building a Supportive Community; Heritage University; June 2019; 1 hour;
- Family Educational Rights and Privacy Act (FERPA) Basics; Heritage University; May 2019; 30 minutes;
- Telesupervision Theory & Practice; Telebehavioral Health Institute; May 2019; 3 hours;
- Telemental Health and Telehealth in Rural Areas and Urban Hospitals; Certification of Completion; Quantum Units Education; March 2019; 1 hour;
- Approved Clinical Supervisor; Cascadia Training for Professional Development; August 2018; 15 hours;
- Suicide Assessment and Prevention; NetCE; July 2018; 6 hours;
- Best Practices in Video Telemental Health; Center for Credentialing & Education; May 2018; 1 hour;

## Curriculum Vitae

- HIPAA Compliance for Telemental Health; Center for Credentialing & Education; May 2018; 1 hour;
- A Journey to Healing: Stories of Adult Children Growing Up in Violent and Abusive Home; Children's Justice Conference; May 2018; 1.5 hours;
- Real Life Heroes; Resiliency-Focused Treatment for Children & Caregivers with Complex Trauma; Children's Justice Conference; May 2018; 1.5 hours;
- Fatherhood and Men's Violence Against Women; Children's Justice Conference; May 2018; 1.5 hours;
- Brain-Based Strategies to Promote Resilience, Self-Regulation, and Healing; Children's Justice Conference; May 2018; 2 hours;
- Effects of Trauma on a Child's Brain and Body; Children's Justice Conference; May 2018; 1.5 hours;
- Seeking Refuge: Working with Refugee and Immigrant Children and Families; Children's Justice Conference; May 2018; 1.5 hours;
- Trauma, Stress and Violence in Military Families; Children's Justice Conference; May 2018; 2 hours;
- DSHS CA Children & Youth LGBTQ Training; November 2017; 2 hours;
- Building a Supportive Community; Heritage University; September 2017; 1 hour;
- Family Educational Rights and Privacy Act (FERPA) Basics; Heritage University; September 2017; 30 minutes;
- Bridges: Building a Supportive Community; Heritage University; September 2017; 1 hour;
- Intersections: Preventing Discrimination and Harassment; Heritage University; August 2017; 1 hour;
- Distance Credentialed Counselor Training; Presented by Telehealth Institute; June-July 2017; about 15 hours;
- Gang Training (identifying, working with); Presented by Pastor Jesse Campos of Operation Red Eye and Tri-Cities Dream Center; June 2017; about 2 hours;
- Commercially Sexually Exploited Children & Intake Screening; Children's Administration; June 2017; about 2 hours;

## Curriculum Vitae

- Whole Brain Parenting; Coordinated Care/Danielle Cannon, LICSW, May 2017; 2 hours;
- Gang Awareness and Drug Recognition (Benton County Sheriff); May 2017; 2 hours;
- Suicide Prevention and Risk Assessment; January 2017; About 4 hours;
- Attachment and Trauma: Lifelong Impacts; August 2016; About 6 hours;
- Ethics: Self-Disclosure and Its Impacts on Mental Health Services; July 2016; credited for 2 hours;
- Effects of Abuse and Neglect on Child Development; July 2016; credited for 2.5 hours;
- Privacy and Security of Electronic Health Information (HIPAA); July 2016; About 3 hours;
- Ethics for Mental Health Counselors; July 2016; About 1 hour;
- Passed the National Board of Certified Counselors' National Counselor Exam; June 2016;
- Washington State Ethics in State Government; June 2016; About 1.5 hours;
- Racial Microaggressions: Developing Cross Cultural Communication Skills; May 2016; About 5 hours;
- Early Childhood Development in Child Welfare: Supporting Lifelong Healthy Outcomes; March 2016; About 10 hours;
- Lessons Learned (Child Fatality & Critical Incident Review); March 2016; About 3.5 hours;
- Identifying and Supporting Commercially Sexually Exploited Children; March 2016; About 4 hours;
- Understanding Adolescent Suicide Attempts, January 2016; About 1 hour;
- Domestic Violence in Child Welfare; November 2015; About 12 hours;
- Indian Child Welfare; April 2014; About 2 hours;
- Building Bridges; December 2013; About 6 hours;
- Intake Academy; July 2013; About 32 hours;

## Curriculum Vitae

- Advanced Assessment and Diagnosis Using the DSM-IV-TR and A Preview of the DSM-5; May 2013; About 6 hours;
- Healing the Angry Brain; March 2013; About 6 hours;
- Prolonged Exposure Therapy for Veterans; January 2013; About 6 hours;
- Department of Corrections Academy; August to October of 2012; About 6 weeks;
- American Heart Association: First Aid/CPR/AED Certification; December 2011; About 2 hours;
- Supervisory Training via Fred Pryor Seminars; October 2011; About 6 hours;
- Human Resources Management: What Managers and Supervisors Need to Know; November 2010; About 35 hours;
- Imagine 21 Staff Development Training - July 2010 - About 16 hours;
- Solution Based Casework; June 2009; About 16 hours;
- Detecting Deception; April 2008; About 5 hours;
- The Forgotten Child - Neglect and Failure to Thrive; April 2008; About 1.5 hours;
- Selection, Engagement and Seduction of Children and Adults by Child Molesters; April 2008; About 3 hours;
- Basics of Supervision; February 2006; 40 hours;
- Leadership Training; September 2005 through May 2006; About 6 hours per month;
- Diversity Training; April 2005; 2 hours;
- Domestic Violence Training; March 2005; 4 hours;
- HIPAA Training; April 2003; 1 hour;
- Delivering Services to Deaf and Blind Clients; October 2002; 2 hours;
- Diversity Training; September 2002; 2 hours;
- Child Welfare Services Academy; September 2001; 32 hours;

## Curriculum Vitae

- Blood Borne Pathogens, HIV, AIDS Training; May 2001; 3 hours;
- Clandestine Drug Lab Training; October 2000; 3 hours;
- Family Reconciliation Services Academy; September 2000; 32 hours;
- Basic Substance Abuse Training; June 2000; 14 hours;
- Child Protective Services Academy; May 1999; About 64 hours.

## HONORS, AWARDS, PROJECTS/PRESENTATIONS

- Phi Eta Sigma Freshman Honor Society;
- National Dean's List (I am cited in the 1993-94 edition);
- In 2005, I co-wrote an anger management curriculum with Sergio Leon, MSW and obtained approval from Benton & Franklin County Courts to be an anger management provider to people court ordered to participate in such services;
- Earned a Superior performance rating while employed as a federal Supervisory Guidance Counselor/Counseling Department Manager and, on another occasion, received bonus pay;
- During my employment with the Washington State Department of Social and Health Services Division of Children and Family Services (DSHS-DCFS) I:
  - Was nominated for Employee of the Year for 2014;
  - Was a member of the Team of the Year; for the intake unit in my office for 2008;
  - Was asked to fill-in for supervisors, while at Central Intake and the Richland DCFS Office, to perform supervisory intake duties on several occasions as well as to train or mentor new and sometimes experienced intake workers (I also assisted with training new workers when I was a Vocational Rehabilitation Counselor);
  - Assisted training new afterhours workers;
  - Was selected for and completed a 9-month leadership training program in 2006;
  - Won the Customer Service award in my office in 2005;
  - Was a member of the Team of The Year for the after-hours unit in my office and region in 2000;



## Curriculum Vitae

- Developed presentations related to child protective risk assessment and presented such materials to professional groups as well as new and/or seasoned CPS intake workers and supervisors in various offices including at the Washington State Department of Social & Health Services Division of Children & Family Services Intake Academy;
- Served on a committee to re-write a training manual titled, "The Practice Guide to Intake & Risk Assessment";
- Helped develop a presentation on infant and child safety with Roy Sims, M.D. (pediatrician) and presented this to local hospitals in 2005 & 2006.